

Stress Regulation and Learning Model©: Enhancing mental health outcomes through Neurofeedback targeting the Prefrontal cortex

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Brain Futures report on NF as an efficacious treatment for behavioral health:

<https://www.brainfutures.org/wp-content/uploads/2021/04/brainfutures-neurofeedback-brief-final.pdf>

International Society for Neuroregulation and Research- helpful website with access to articles written about Neurofeedback for many different conditions <https://isnr.org/>

Northeast Regional Biofeedback Society- excellent annual conference, connections to many experienced Neurofeedback providers <https://nrbs.org/>